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# LAKE HAVEN

## • HAPPENINGS •

Manager:  
Karen White N

### March • 2018

### Issue 1 42<sup>nd</sup> Year



### Happy Saint Patrick's Day!

The folks at Briar Creek 1 enjoyed their St. Paddy's Parade last year!



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## PARADISE ISLAND UPDATE

*Pat Walker, Association Secretary*

It's that time of the year again – spring is on the horizon, the icy winds and flu season are things of the past and pool time beckons – I'm a happy camper. It's also time to celebrate everything Irish, so start greeting folks with “top of the morning”, singing Irish ballads and wearing green as St. Patrick's Day is just around the corner – another reason to wear beads and to party (as if we needed a reason!).

I sincerely appreciate Arlene Lueck, Nancy Chauncey and Marcia Lilley who with their calm demeanors and level headed thinking kept the February Pot Luck Dinner from being a total disaster. When it became obvious that the clubhouse oven was barely cooking the chicken, they dashed home for electric skillet and – voila – saved the day. Thanks so very much ladies, you are precious beyond words! And thanks to Park Manager Karen White who shelled out a bundle of cash to get the oven repaired in time for our next event.

The next event of course was the Country Breakfast – and as always, the food was delish! Thanks to Carolyn Bailey, Irene Haskell and others who pitched in to help. We do love our sausage gravy and biscuits, and look forward to an encore event later in the year.

As always, March is so filled with social events in all three parks that it is difficult, if not impossible, to attend all of them; however, we are sure going to try. In Park #1, Carolyn will start us off with her traditional Corned Beef & Cabbage Pot Luck Dinner so get on the list early as this is a very popular dinner event. Next up, Chef Carolyn is cooking again with the able assistance of Chuck Oller as they grill steaks for the Association Members Only dinner on March 10. Sorry, but no guests at this event which is free to those who have currently paid 2018 Paradise Island Association dues. Be certain to sign up to attend by Wednesday, March 7 – there will be no exceptions to this deadline date.

On Friday, March 23, we will host a Spring Dance from 7PM-10PM with music provided by Carlo. All parks are invited, tickets are \$10/pp and are available from Terri Jo Oller Lot #37 or Pat Walker Lot #53. Snacks, beer, wine and soft drinks will be provided. Carlo has a great reputation in Lake Haven so this should be a fun night.....come join us.

The Hobby Club ladies will hold their annual Traditional English Tea on March 13. Members always enjoy this reminder of a more genteel era as they dine on quiche, finger sandwiches, scones, fruit and decadent desserts – and of course only tea is served, sorry coffee drinkers. Irene Haskell spearheads this event and her committee always manages to provide a beautiful setting including flowers, bits and pieces of china, and lots of lacey accoutrements.

In March the Hobby Club will also host its annual Baby Shower which benefits the Bay Area Pregnancy Center. The Pregnancy Center's clients are primarily young, unmarried girls. The Center requires attendance at pre and post-natal counseling to be eligible to receive infant and

*Continued on page 5*

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baby supplies. Their goal is to ensure these young women become equipped to properly care for their babies. The Hobby members individually give gifts of clothing, blankets, toiletries, toys and diapers, and the Club donates \$100 to purchase diapers, which is the Center's primary need. The shower date is March 27; anyone in Lake Haven who would like to donate gifts or contribute funds for the Center is invited to contact Janel Balogh, Lei Crance or myself or to stop in the Park #1 Clubhouse on the 27th.

The Association extends deepest condolences to the family and friends of Jim Ryan #97 who passed away on February 7th. And, we will miss Karen Casini #42 who moved to St. Pete to be near family and close friends. She was a wonderful neighbor and will be sorely missed by those around her unit.

Thanks to all who attended the annual HOA meeting; the Board certainly appreciates your continued support. Just a gentle reminder: we should all be cognizant of the Lake Haven Prospectus requirements and adhere with its Rules & Regulations. To do so ensures that we maintain a congenial community relationship, property values remain high, and Lake Haven continues to be a desirable place to live. Thanks for your support and cooperation.

MAY THE HINGES OF OUR FRIENDSHIP NEVER GET RUSTY  
HAPPY ST. PATRICK'S DAY





**Hello Treasure Cove Residents... Luck of the Irish is celebrated on March 17th, and its the day that everybody is Irish.... And after all “Treasure” is in our name.**

### **Treasure Cove Goings-On**

Irish Blessings -May the sun always shine on your windowpane, may a rainbow be certain to follow each rain, may a hand of a friend always be near you, may God fill your heart with gladness to cheer you...

What a great month we had in February here in Treasure Cove. Lets start by saying that we have started to see improvements in the pool area. There are new blue pool umbrellas and some new tables. There are also small tables now next to the lounge chairs to enjoy your beverages by the pool.... And as time progresses, the pool furniture is planned to be re-strapped. We were also told that the patio area of the pool will be painted. We all know - its about time right.... Enjoy!

We had an outstanding Mardi Gras Party on February 10th in the clubhouse which included residents from all three parks. It was a smashing success with almost a capacity crowd! And as a member, it was half the price to attend this Mardi Gras, so please consider membership going forward. Dinner started with homemade appetizers and then continued with a Homemade Mardi Gras Style Dinner. Thank you Lori Witkin-Mocerino who wins the prize for the top cook for this party. As for the Cajun chicken strips – Yum! And then the King Cake (Mardi Gras Dessert), and the Cheese Cake and Homemade Beignets, and on & on. It was also matched with mashed potatoes & Cajun gravy (ala our own Terri Salzburg), coleslaw and cornbread. And for the entertainment – WOW! It started with a Mardi Gras Dancer that was beyond amazing! She performed a traditional Mardi Gras dance, and did an wonderful job. The room was filled with smiles and you could feel the excitement of the crowd. Everybody had a memorable time.

And then the White Elephant (Rummage/Garage Sale) was a great success! The bake sale was the big hit, with the winning revenue for the day. Then the very next morning I heard about the chocolate covered strawberries, raspberry thumbprint cookies & delicious brownies! I’m sure all the items were enjoyed, because we completely sold out. And to all of those that baked for our bake sale, helped with set up and worked the sale, you all were amazing! Daphanie Whitmore – you Rock! Becky, Sue, Sharon, Bob – Pk 3, Linda- Pk 3, Dusty, Gerry, Lori, Jeri, Angelo, Bob, Paul, the other Lorie ♣, Charlie, Terri, and Paul from Park 1. A big Giant Thank you to everyone for working your tails off to make this sale great. Thank you to everybody in Park 2 who donated items for the raffle. And lets not forget our gift card sponsors; Bon Appetite, Our Place, Red Nail, Starlite, Bonnies, Evas, Chatterbox, Clearwater Family Restaurant, Dunedin Lanes and the Medicine Shop. They were very generous to us, so please remember them when out and about in the community. All parts of the White Elephant Sale did great – there goes another successful year!

*Continued on page 9*

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And to end the month with a bang, we had a great gathering at our membership dinner on February 28th. This membership meal was themed “Italian Night” with chicken piccata, baked ziti and garlic bread (with lots of garlic- just as we like it) and boy did we enjoy the food. See you at the next membership meal...

Now on to March. We are planning another fun filled night in Treasure Cove. And yes, it is in Celebration of St. Patrick’s Day. We are pulling together the details, look for the flyers in your tube. Right now its planned for Friday, March 16th. And yes there will be Corn Beef! Fun, Fun, Fun!

And of course we will be having our monthly membership meal. We are working on the menu, but the current target date is March 28th. Look for flyers in your tubes for details.

Lastly, please remember to read your flyers for details on events. There will always be a gathering each month for those that are members of Lake Haven Park 2, which is part of your membership fee, but you have to watch the flyers, it won’t be the same format as in the past (i.e. News Years Day Meal was a free Membership Meal).

The new Association Board greatly appreciates everyone’s support!

In closing, please enjoy the Month of March, and Good Luck!

Written by Terri Salzburg, Treasurer

## March Sudoku

								2
	4	7			2			
				6	9	8		
		4				6		9
				8				5
9				1	5	2		
	9					1	2	
3						9		
2		6			7	4		



8	3	8	7	6	1	9	5	2
3	7	1	4	2	8	9	5	6
4	9	8	3	5	6	1	2	7
9	8	3	6	1	5	2	7	4
7	6	2	9	8	4	3	1	5
5	1	4	2	7	3	6	8	9
1	2	5	7	6	9	8	4	3
6	4	7	8	3	2	5	9	1
8	3	9	5	4	1	7	6	2



## March Happenings 2018

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**W**e had TOO much fun in Park III during February. Not only did we have great food and entertainment in Park III, but we were able to attend fun events in Parks I and II as well. Thanks for including us. And now, March is already here and our season of regular activities is drawing to a close (or at least a slow down). Where did the time go? But, rest assured that we are going out with a bang. March promises to be another fun filled time.

The Park III Association meeting will be held on Wednesday, March 7, at 10:00 AM. Please plan to attend if you can. You will learn valuable information about the community, our association, and upcoming events. As always coffee and yummy pastries will be provided. As a bonus, due to the large number in attendance, last month's 50/50 winner took home \$32.00, which is just an added incentive to attend.

The Pot Luck for March will be held on Monday, March 12, at 6:00 PM. Again the featured entree will be the always tasty Corned Beef and Cabbage, in honor of St. Patrick's Day. As always, the pot luck is free to members and just \$5.00 if you choose to bring a guest. Please remember to bring your own table service and a dish to share (salad, vegetable or dessert), as well as your own beverages. This will be another enjoyable night with delicious food.

The Grand Finale Sunday Brunch "Around the Pool" will be held on Sunday, March 25, from 11:00 AM until 3:00 PM. The menu will feature a selection of breakfast favorites as well as an array of salads and fresh fruit, and pastries, and baked ham. Soft drinks and juice are included as well as mimosa/champagne and Bloody Marys. Ray Curtis will perform dining and dancing music throughout. This event is very popular and tickets will go fast, so don't wait.

The Bar-B-Q will be held on Saturday, March 31, from 4:00 PM, until who knows when... it seems to last longer each time. Don and Dan will again prepare Hamburgers, Hot Dogs and Bratwurst. You may bring a dish to share if you wish. Seating is limited so it is advised you bring chairs. This event is free to members and guests are welcome at \$5.00 each. Beer, wine and soda are provided. And remember, the Bar-B-Q will be held rain or shine.

**LAST BUT NOT LEAST!** The most important event of the year, the "Spring White Elephant Sale" will be held on Saturday, March 10, from 8:00 AM-1:00 PM. This is the largest fund raiser of the year and makes possible all of the other "fun stuff" we do throughout the year. Please bring any of your gently used or no longer needed or unwanted items, to the clubhouse as soon as you can so they can be included in the sale. We want dishes, appliances, pots & pans, knick knacks, glassware, bedding, shoes, clothing etc. Included, is the Biggest Bake Sale in town and the Famous Cookie Walk. A Gift Card Raffle with over 40 gift cards to local businesses has become a big deal! And a Bar-B-Q also included. You will receive more information and details on how you can volunteer and get involved in your INFORMATION TUBES. It's a lot of work and great fun at the same time.

For the residents that are on Face book it is a plus to join the Lake Haven Park Group Happenings. Just request to join and the creator will take it from there. There are many reminders of events. Please remember this page is a social page and not designed to advertise or promote personal services or businesses.

We have two vacancies on the Board...President and Treasurer. If you have an interest, please submit your name to me or write it on the board in the Clubhouse.

Thanks for all of the help and interest in our Association. Every time we do anything we have great support and attendance. We really are a special group

Linda Parker, Park III Association President

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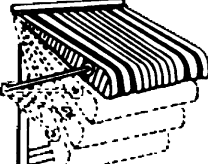
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## Coffee may cut risk of death, studies say

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**S**tarting the day with a cup of coffee helps many of us wake up. New evidence suggests it may help us live a longer life, too.

In one study written up in the journal *Annals of Internal Medicine*, researchers at the University of Southern California's Keck School of Medicine surveyed more than 185,000 Americans for 16 years. Their results: People who drank one cup of java a day were 12 percent less likely to die than those who didn't, and people who drank two to three cups were less likely to die by 18 percent—regardless of whether the coffee was caffeinated or not.



In another study reported in the same journal, researchers analyzed data from more than half a million people across Europe, and found that higher levels of coffee drinking were associated with a decrease in the risk of death from many causes, including circulatory and digestive tract diseases.

So enjoy your cup of coffee. It may add years to your life.

## Keep your muscles strong at any age

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**A**s we grow older, we often lose muscle mass. Muscle mass decline typically starts in the 40s but increases after age 50. One study of about 200 men and women ages 64-93 found that it affected 22.6 percent of the women and 26.8 percent of the men.



Take these steps to keep your muscles intact:

- **Strength training.** Lifting weights has been shown to increase muscle mass and may even reverse the most debilitating effects of muscle loss.
- **Aerobic exercise.** Healthy muscle tissue needs capillaries to infuse it with blood. Regular exercise, like a brisk half-hour walk every day, can provide this.
- **Protein.** Inadequate protein in the diet, or difficulties digesting and absorbing protein, may be a factor in susceptibility to lost muscle mass. Older adults may need to increase their consumption of protein to maintain their lean body mass.

*Facts are stubborn, but statistics are more pliable.*

—Mark Twain

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# MARCH • 2018

Sunday	Monday	Tuesday
APRIL		
S 1	M 2	T 3
W 4	T 5	F 6
S 7		
8	9	10
11	12	13
14	15	16
17	18	19
20	21	22
23	24	25
26	27	28
29	30	
	4	5
	6:45PM – Ladies Poker – 1* 7p Monthly Membership Mtg Park 2	9:30AM Club – 1* 6:15PM Bowling 7p Euch
	11	12
	6:45PM – Ladies Poker – 1* Potluck 6:00 PM	9:30AM Club – 1* 6:15PM Bowling 7p Euch
	Daylight Savings Begins @ 2am	
	18	19
	6:45PM – Ladies Poker – 1*	9:30AM Club – 1* 6:15PM Bowling 7p Euch
		First D
	25	26
Sunday Brunch 11:00-3:00 PM	6:45PM – Ladies Poker – 1*	9:30AM Club – 1* 6:15PM Bowling 7p Euch
	Palm Sunday	

# Lake Haven

Tuesday	Wednesday	Thursday	Friday	Saturday
		7:00PM - Bingo - 1* <sup>1</sup>	<sup>2</sup>	8:30AM - Koffee Klatch - 1 5:30PM - Pot Luck Dinner - 1 <sup>3</sup>
[ - Hobby <sup>6</sup> [* - Wii g - 1 are	Association Meeting <sup>7</sup> 10:00 AM 1p Horseshoes 6:45p Pinochle Park 2 7p Poker	7:00PM - Bingo - 1* <sup>8</sup>	<sup>9</sup>	White Elephant Sale <sup>10</sup> 8:00 AM-1:00 PM 5:30PM - Assn Members Dinner - 1
[ - Hobby <sup>13</sup> [* - Wii g - 1 are	1p Horseshoes <sup>14</sup> 6:45p Pinochle Park 2 7p Poker	7:00PM - Bingo - 1* <sup>15</sup>	St. Patrick's Day <sup>16</sup> Celebration - Park 2	<sup>17</sup>  <b>St. Patrick's Day</b>
[ - Hobby <sup>20</sup> [* - Wii g - 1 are  <b>Day of Spring</b>	1p Horseshoes <sup>21</sup> 6:45p Pinochle Park 2 7p Poker	7:00PM - Bingo - 1* <sup>22</sup>	7:00PM - Spring <sup>23</sup> Dance - 1*	<sup>24</sup>
[ - Hobby <sup>27</sup> [* - Wii g - 1 are	1p Horseshoes <sup>28</sup> 6:45p Pinochle Park 2 7p Poker Membership Meal/ Game Night - Park 2	7:00PM - Bingo - 1* <sup>29</sup>	<sup>30</sup>	Bar-B-Q 4:00 PM-??? <sup>31</sup>
			<b>Good Friday</b>	

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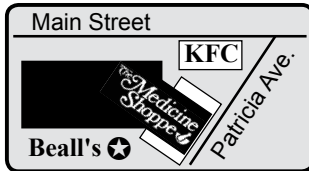
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<p><b>Get on the bus with these tours from Pinellas County!</b></p> <p><b>GROUP LEADERS WANTED!</b> Call for benefits.</p> <p><i>Mobile Festival of Flowers, Callaway Gardens &amp; International Cherry Blossom Festival</i> - March 21 - 25, 2018 starting at \$879</p> <p>For information on all bus trips go to <a href="http://advantagecruises.net/Page/OvernightTrips">http://advantagecruises.net/Page/OvernightTrips</a></p>	<p>Holland Tulip Festival and Mackinac Island's Grand Hotel May 10, 2018 <i>roundtrip airfare &amp; transfers starting at \$2,689</i></p> <p>Tulip Time on the Romantic Rhine and Mosel River Cruise - April 19, 2019 starting at \$3,999 &amp; FREE airfare if booked before March 31</p>	<p>7 Night Canada and New England Cruise on Serenade of the Seas. September 30, 2018. <i>All transfers, airfare to Boston, port taxes &amp; gov fees, and insurance starting at \$1,675 pp</i></p> <p>5 Night Cozumel &amp; Costa Maya Cruise on Majesty of the Seas. Oct 29 - Nov 3, 2018. <i>roundtrip bus, taxes &amp; gov fees starting at \$492</i></p>	<p>7 Day Hawaiian Islands Cruise on Pride of America plus 2 nights in Honolulu - Oct 25 - Nov 3, 2018 <i>Roundtrip transfers &amp; airfare, hotel, &amp; taxes starting at \$3,770</i></p> <p>14 Day Panama Canal Cruise from Tampa on Norwegian Pearl Nov 4 - 18, 2018 <i>Roundtrip transfers &amp; taxes starting at \$2,112</i></p>
<p>8 Night Bermuda Cruise on Carnival Sunshine. Sept 21 - 29, 2018. <i>Roundtrip bus to Port Canaveral, taxes &amp; insurance starting at \$1,071 pp</i></p> <p>5 Night Western Caribbean Cruise on Carnival Paradise sailing out of Tampa. June 23 - 28, 2018. <i>Roundtrip bus to port, taxes &amp; insurance starting at \$884 pp</i></p>	<p>13 Day Double Denali Land &amp; Cruise Tour on ms Noordam - May 22 - June 3, 2018 <i>all transfers &amp; airfare starting at \$5,249.00</i></p> <p>28 Day Hawaii, Tahiti &amp; Marquesas Cruise on ms Maasdam - March 24 - April 22, 2018 <i>all transfers, airfare, &amp; hotel starting at \$4,909.00</i></p>	<p>15 Night Hawaiian Islands Cruise plus 1 Night Hotel in San Francisco March 22 - April 7, 2018 - <i>roundtrip airfare from Tampa, all transfers, hotel &amp; taxes starting at \$2,901</i></p> <p>12 Night British Isles Cruise - May 12 - 24, 2018 <i>roundtrip airfare from Tampa, transfers, \$80 SBC credit &amp; taxes starting at \$4,296</i></p>	<p>15 Night Westbound Panama Canal Cruise on Celebrity Infinity May 2 - 7, 2018 <i>roundtrip airfare, all transfers &amp; taxes starting at \$2,644</i></p> <p>5 Night Western Caribbean Cruise on Celebrity Infinity. Jan 14 - 19, 2019 <i>roundtrip bus to port, taxes &amp; fees, 2 private cocktail parties and insurance starting at \$735 pp</i></p>
<p>All prices are per person and accurate at time of printing. For complete details on these trips go to: <a href="http://advantagecruises.net/Page/DealsandSteals">http://advantagecruises.net/Page/DealsandSteals</a> or call our office for newsletter and more information.</p>			

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## Families growing in size as remarriage rises

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Family relationships can be complicated these days. The Bloomberg website reports that almost a third of U.S. households headed by adults under 55 have at least one stepchild, and among couples over 55 with adult children, 33 percent have at least one stepchild. Counting stepchildren boosts the size of a family by 55 percent among Americans with grown children.

Divorce and remarriage are driving the growth. The divorce rate for older Americans has almost doubled in the last 20 years, with almost 30 percent of people over 50 having been married more than once.

*Life it is not just a series of calculations and a sum total of statistics, it's about experience, it's about participation, it is something more complex and more interesting than what is obvious.*

—Daniel Libeskind

## Beat sleeplessness through awareness of the risks

---

Insomnia is becoming a problem in our society, and it's attributable to complex interactions among dozens of factors. One in three American adults don't get enough sleep every night, and that number may rise if we don't work collectively to try and improve our sleep patterns. As health care writer Anna Johansson points out, the effects of sleep deprivation are dangerous, both in the short and long term:

- Lack of focus and memory. As both a short-term and long-term effect, losing sleep can interfere with your ability to create new memories, and may make it more difficult to focus during the day. This makes it difficult to perform in most professional roles.
- Declining cognitive abilities. Sleep loss also hinders your cognitive capacity, making it more difficult to think critically or solve problems. This gets more intense with more sleeplessness over time.
- Obesity and diabetes. There's evidence to show that chronic sleeplessness can lead to obesity, as well as diabetes, which in turn can lead to even more serious health complications.
- Heart disease and mortality. Chronic lack of sleep may even increase the likelihood and severity of heart disease, and decrease your lifespan.



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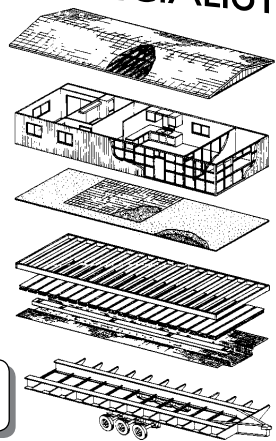
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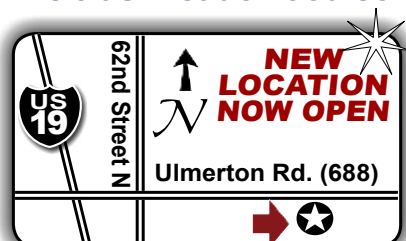
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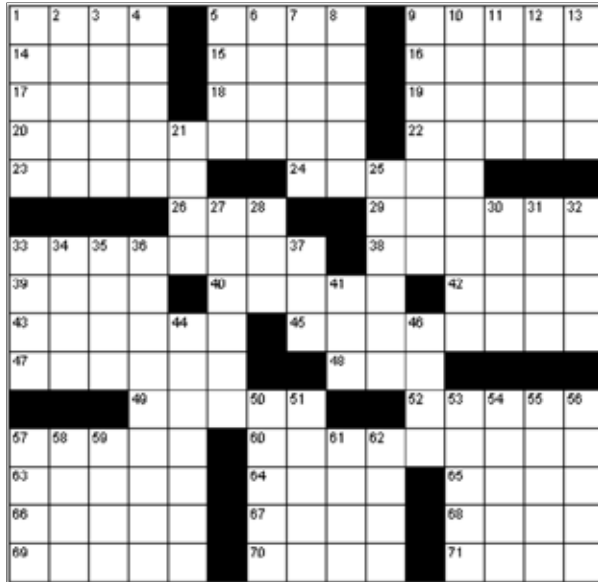
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- 33. One piece work clothes
- 38. Approached
- 39. African river
- 40. Farewell
- 42. Goodbye (slang)
- 43. Enrol
- 45. Savior
- 47. Spiritualist meeting
- 48. Away from the wind
- 49. Disappeared gradually



**DOWN**

- 1. Sings in a particular jazz style
- 2. Title for benevolent deities (Zoroastrianism)
- 3. Not now
- 4. A pointed projection
- 5. Nursemaid
- 6. Avatar of Vishnu
- 7. Sporting venue
- 8. A family of African languages
- 9. Analyze closely
- 10. Bargain
- 11. Anagram of "Bore"
- 12. A fitting reward (archaic)
- 13. Cards with just one symbol
- 21. A source of cocaine
- 25. Lay bare
- 27. Jubilant
- 28. Not young
- 30. Metric unit of weight
- 31. Anagram of "Teen"
- 32. Hebrew month
- 33. 1 1 1 1
- 34. A climbing plant
- 35. Singer \_\_\_\_\_ Fitzgerald
- 36. Make stronger
- 37. Term of address for a man
- 41. Anagram of "Lee"
- 44. Examined quickly
- 46. Resembling snake-like fishes
- 50. A piece of hot glowing coal
- 51. 4th letter of the Greek alphabet
- 53. Publish a magazine
- 54. Looks lasciviously
- 55. Latin-American ballroom dance
- 56. Having a sharp inclination
- 57. Vipers
- 58. Goddess of fertility (Greek mythology)
- 59. Anagram of "Toga"
- 61. Hurries on foot
- 62. A ludicrously false statement





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## Be contrary to plumb new ideas

---

Following the crowd is usually a safe bet, but it doesn't usually lend itself to creative thinking. If you want to be creative, sometimes you have to go against the grain. The trick is figuring out when you have a situation that calls for you to stand out from the crowd and take a contrary point of view from the majority.



The first thing to do before launching your career as a rebel is ask yourself whether you have a good reason for your contrary opinion. Just going against the conventional wisdom for the sake of taking the other side isn't usually smart. For instance, if you think your organization should change the color of a product, but it has a long history of making the product in only one distinct color, you have to be able to back up your opinion with reasons why you think this will benefit the organization. You might believe, for example, that your product needs to be rebranded—that it has grown stale with time and overexposure. Even if you don't ultimately succeed, you'll stretch your creative muscles and show an ability to think independently, which can only boost your career.

## How the famous get ahead

---

What makes today's richest people so successful? There's no one answer, of course, but an infographic on the MBAnoGMAT.com website looks at some of the secrets of many highly successful figures in business, science, entertainment, and more:

- **Elon Musk**, founder and CEO of Tesla Motors and SpaceX. He schedules his day in five-minute blocks to squeeze the most out of every minute.
- **Mark Zuckerberg**, co-founder and chairman of Facebook. He wears the same T-shirt, pants, and hoodie every day to minimize the number of decisions he has to make, leaving his mind free to pursue the most important ideas.
- **Bill Gates**, chairman of Microsoft. The computer guru reads 50 books a year.
- **Richard Branson**, founder of the Virgin Group. He gets up every day to exercise by swimming, playing tennis, or flying kites, and claims to get an extra four hours per day or productivity as a result.
- **Peter Thiel**, co-founder of PayPal. He often asks, "Why can't you get your 10-year plan done in the next six months?" He believes in staying "lean" or "unplanned," because entrepreneurship is about experimentation.



## Monthly

---

**Women’s History Month.** Celebrate the achievements of women like Juliette Gordon Low, who founded the Girl Scouts in 1912, before women had the right to vote and despite her severe hearing impairment.



**National Nutrition Month.** The Academy of Nutrition and Dietetics wants you to develop good eating habits and make better food choices. The theme of this year’s campaign is, “Go further with food.”

**National Craft Month.** Paint a picture, learn to scrapbook, piece together a quilt, develop a new hobby, but most important, create something. **Optimism Month.** Find the silver linings amidst the clouds, shed the negativity, and improve your “uplook.”

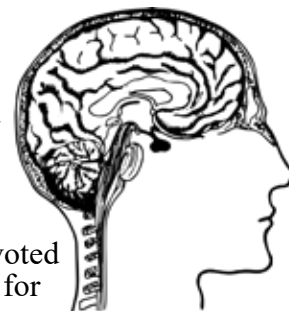
**Expanding Girls’ Horizons in Science and Engineering Month.** This is a time to promote education, diversity, and future career opportunities for girls in the fields of science, technology, engineering, and math. Take your daughters, nieces, and little sisters to a science center for a day of exploration and fun.

## Weekly

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**Girl Scout Week, March 11-17.** Founded to help create a network of girls and experiences that foster their individuality, intellect, and growth, the Girl Scouts celebrate the organization’s birthday every March 12. Visit [GirlScouts.org](http://GirlScouts.org) to learn more.

**International Brain Awareness Week, March 12-18.** It’s the time of year to shine a spotlight on the advancements in the field of brain research. Check out the websites for The Dana Foundation and the Society for Neuroscience to find out about lectures, events, and exhibits in your area.



**Act Happy Week, March 19-25.** The third week of the month is devoted to embracing your inner joy and sharing it with others. If you’re looking for a reason to be happy, think spring.

**National Poison Prevention Week, March 18-24.** The American Association for Poison Control Centers handles over 2 million calls annually dealing with exposure to dangerous substances. Contact the information hotline for the AAPCC at 1-800-222-1222, or follow it on Facebook and Twitter to learn about prevention measures.



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## EVENTS & PROGRAMS

BC MART in Briar Creek, 100 Briar Creek Blvd off McMullen Booth! Used goods of all kinds; just a fun place to hunt for all kinds of treasures; just follow the red arrow. Open Wed & Sat 10-Noon!

Paradise Island Annual Flea Market March 3, 2018, 9 AM to 1 PM. Tables available call Marcia 727-953-3616. Over 60 Vendors, food, bake sale and more. Early entry 8am \$1.

FRIDAY, MARCH 2nd, 9am-1pm, Flea Market/Bake Sale Lake Seminole Resort MHP Clubhouse, 10245 110th Ave. North, East off Seminole Blvd. Refreshments, Lunch.

Paradise Island Annual Flea Market March 3, 2018, 9 AM to 1 PM. Tables available call Marcia 727-953-3616. Over 60 Vendors, food, bake sale and more. Early entry 8am \$1.

HUGE Rummage Sale at St. Paul United Methodist Church, March 2nd & 3rd. 1199 Highland Ave., Largo, Florida, 33770. (Corner of Highland and Rosery.) Early Bird Friday, 5-8pm; \$1 admission. Free admission Saturday, 8am-2pm.

Jewelry Sale: FRI/SAT. MARCH 2/3, 9-3. Preowned; Values to \$100. Modern styles. Sterling, Gemstones. Hundreds of items! No price over \$10! Cash only. 599 Rosa Ct., Doral MHP, between Main & Curlew between U.S. 19N. And Belcher.

Sat. March 3rd, 8-1 White Elephant & Bake Sale, Lamps, Small Appliances, Dishes, Linens, Jewelry, etc. Lake Highlander 1500 County Road 1, Dunedin.

Huge Church Garage Sale: 3/8 Presale 5pm-7pm \$5.00 entry fee. 3/9 8am-4pm. 3/10 8am-2pm. Clothing, Household Items, Small Furniture, Items, Christmas. Connect2Christ Church 9398 Oakhurst Road Seminole, FL 33776

ART/CRAFT FAIR. Friday, March 9th, 9-1. Lake Highlander MHP, 1500 County Road 1, Dunedin. Something for everyone!

ART/CRAFT FAIR. Friday, March 9th, 9-1. Lake Highlander MHP, 1500 County Road 1, Dunedin. Something for everyone!

Annual Penny, Bake Jewelry, Craft Sale: Saturday, March 10th, 9:00am-noon. Golden Acres R.O. Park 1040 Main Street Dunedin, Florida.

Palm Hill Country Club Bazaar Sat. March 3rd, 9am - 1pm. 1800 Seminole Blvd., Largo. Food Served. Lots of bargains, come find some treasures. Early bird 8:30am \$1.00.

Craft Clearance Carport Sale at Hillcrest MHP, 2346 Druid Rd. Clearwater, lot 1009 on Saturday March 3rd from 8am. Books, beads, fabric, components and finished items and more!

Hillcrest Spring Craft fair: Saturday, March 10th, 9-1pm. Handmade items: Jewelry, Soaps, Quilts and more! 2346 Druid Rd Clearwater located between Belcher & US19N.

Trinkets & Treasures Saturday, March 3rd - 9AM - 12PM. Americana Cove. 7201 St NE. St. Pete. Antiques, collectibles, jewelry, furniture, kitchenware, electronics, books, paintings, plants, records, CDs, DVDs, VCRs, furniture, linens, bakery.

Park Royale Art & Craft Sale: Saturday, March 24, 2018, 8am to 2pm. 10611 66th St N. Pinellas Park. Benefits Pinellas Park K-9 police officers.

Annual Community Yard Sale: Holiday Shores Park, 10289 Paradise Dr, Largo. Sat, March 24, 8-1pm.

Caribbean Isles Rummage Sale: March 17th 8-1. Food and baked goods. Tables \$10 two for \$15. Call Brenda 262-331-0030

Spring Sale Lake Haven MHP 1517 Main St. Behind Subway off of 580. Appliances, gift items, clothing, gift card raffle, over 50 local businesses, and more PLUS the BEST Bake Sale in town. Lunch available. Sat. March 10th 8-1

## APRIL AD DEADLINE - MARCH 10, 2018

- Advertise BUY, SELL, TRADE ITEMS by sending copy & check to Monthly Media at 220 Bahama St, Venice, FL 34285.
- Ads over 10 words must be accompanied by \$.80 per extra word or publisher will edit. • No mobile home sales, no professional products or services. SORRY: No ads accepted by phone or email. DEADLINE: 10th OF EACH MONTH.

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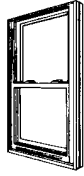
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**THOUSANDS** manufactured home residents have won over **\$138,400** since our contest began. It's simple to play ... when you patronize a current advertiser, ask for a Monthly Mania ticket (or a reasonable facsimile) and fill it out completely. Put the ticket in our Monthly Mania drop box in your community or **mail your paid receipt** to us at **Monthly Media • 220 Bahama St. • Venice, FL 34285**. That's all you do. At the end of the month the Publishers will pick up the tickets and hold a drawing. If your ticket is drawn, we mail you a check.

(Allow 4-6 weeks for mailing of check). **This month's cash winners are:**

Paul Fadden..... \$100 .....	Natures Resource Pest Control	Kellye Petty..... \$5 .....	Buggin Out Termite & Pest Control
Richard Gossrlin .....	\$10 ..Battleline Termite & Pest Control, Inc.	Sandy Ravelin .....	\$5 ..Battleline Termite & Pest Control, Inc
Bob Hitchcock .....	\$10 ..Imperial Electric Service of Pinellas	Harry Fake Jr..... \$5 .....	Perfect Repair & Construction, Inc.
Clay Madsen .....	\$10 .... Ron Wyngarden Mobile Home Wash	Gwen Schultz..... \$5 .....	Recreational Golf Carts, LLC
Sally Ervin .....	\$10 .....	Margaret O'Connell .....	\$5 .....
Ken Ouellette .....	\$10 .....	Robert McClure .....	\$5 .....
Bill Iverson..... \$10 .....	The Plumbing Patrol, Inc.	Shirley Thompson .....	\$5 .....
Gary Johnson .....	\$10 .....	Jessie Marshall .....	\$5 .....
Brian Preston..... \$10 .....	Mobile Home Depot, Inc.	Joyce Ondish..... \$5 .....	Ron Wyngarden Mobile Home Wash
Lawrence Idoux .....	\$10 .....	Tom McNally..... \$5 .....	Jones & Sons Plumbing, Inc
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Rocco Alestra..... \$10 .....	Haseney Electrical Services, Inc	Kathy Jennings..... \$5 .....	Doll Brothers Carpet Cleaners
Elaine Brittain .....	\$5 .....	Lynda Porter .....	\$5 .....
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Brenda McEvoy .....	\$5 .....	Gail Turner .....	\$5 .....
Doug Ames..... \$5 .....	Air Masters of Pinellas, Inc.	Al Woodlock .....	\$5 .....
Nancy Ellis..... \$5 .....	Boss Electric Corp.	Gloria Dille .....	\$5 .....
Dottie DeGraaf..... \$5 .....	Doll Brothers Carpet Cleaners	David Turner .....	\$5 .....
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## Outer space mineral found on Earth

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A rare mineral from outer space has been discovered at the site of an ancient meteor strike on the Isle of Skye, according to the Fox News website. British geologists were investigating volcanic rocks when they identified the mineral osbornite from a previously undiscovered meteor impact. Before this, osbornite had only been picked up as space dust by NASA space missions.



The discovery has raised questions about where the meteorite hit, as well as whether the impact caused an eruption of volcanic lava that began at the same time.

## Clues to Saturn's rings

---

Scientists and non-scientists alike have long been fascinated by the rings of Saturn. Data from NASA's Cassini space probe, which ended its mission by plunging into the seventh planet's dense atmosphere in 2017, have provided fresh insights into the origin and age of the rings, according to an article on the Science News website.

During its final orbits, Cassini measured the difference between the gravitational pull the probe experienced from Saturn alone and the pull from the rings and the planet together. The data showed that the largest ring, which represents about 80 percent of the rings' total mass, was lighter than expected, suggesting that it's also relatively young. Instead of being composed of particles during the same time Saturn was being born, the rings are probably the remnants of at least one of Saturn's moons, scientists now think. How the rings actually formed remains a mystery.

## Climate change spurred migration from Africa

---

Humans migrated out of Africa some 60,000 years ago. Until recently, scientists believed the move was spurred by a wet climate that created pathways to Eurasia. New studies, though, show that the migration may have occurred for the opposite reasons—to escape an increasingly dry climate.

The Sci-News website reports that researchers analyzed the Horn of Africa's climate 200,000 years ago by studying a core of ocean sediment taken from the western end of the Gulf of Aden, off modern-day Somalia. They looked at chemicals created by a type of algae that changed composition depending on water temperature. The team determined that the climate in the Horn of Africa some 70,000 years ago shifted from a wet phase to one that was drier and colder than it is now. The transition would have prompted early humans to migrate from Africa to the Middle East and Asia.

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